

**MARK PATRICK JOHN VANDERPUMP**  
**Date of birth 30<sup>th</sup> December 1963**

**CURRICULUM VITAE**  
**SEPTEMBER 2018**

**QUALIFICATIONS**

1987	MB ChB (Birmingham)
February 1990	MRCP (UK)
December 1995	MD (Birmingham)
October 1996	CCST in General Medicine, Endocrinology and Diabetes
May 2001	FRCP (London)
GMC Registration number:	3181931
GMC revalidation:	1 <sup>st</sup> August 2015
PSI Registration Number:	B0391IZ1402636 (1st April 2018)
DBS Certificate Number:	001435223241 (1 <sup>st</sup> April 2018)
ICO Registration:	ZA052542 (1 <sup>st</sup> April 2018)

**CLINICAL PRACTICE**

I resigned from my NHS practice at the Royal Free Hospital in April 2016 after 30 years of service within the NHS. I now have a busy private practice in diabetes and endocrinology within North, West and Central London with weekly clinics at the Physicians' Clinic (part of Harley Street Clinic), Hospital of St John and St Elizabeth, BUPA Cromwell Hospital, Wellington Diagnostics Out-Patient Centre, Chelsea Out-Patients Centre and the Wellington Hospital. I support in-patient services in my speciality and participate within Multidisciplinary Teams at the Physicians' Clinic, BUPA Cromwell Hospital and Wellington Hospital. I have close liaison with London Neurosurgery Partnership, London Oncology Clinic and fertility services at the Lister Hospital and CRGH. I was President of the British Thyroid Association 2014-2017. I have an Honorary Consultant contract at UCH for Joint Adolescent Thyroid Clinic every 4 months.

In my 20-year career as an NHS consultant I had the following commitments:

Clinics including responsibility for thyroid service, pituitary disorders and reproductive endocrinology and patients with type 1 and complex type 2 diabetes.

Between 2001-2012 I had responsibility for primary care liaison in diabetes in Camden.

From 1997-2007 I attended the Combined Pituitary Clinic at National Hospital, Queen Square.

Clinical Director for Medical Specialties including Out-Patient Services 2005-2006.

Chair of the Trust's European Working Time Directive Committee from 2004-2007.  
Trust Drugs and Therapeutic Committee 2007-2011 and Deputy Chairman 2009-2011.  
North West London representative on the NHS England Commissioning Clinical Reference Group for Specialised Endocrinology 2013-2016.  
Society for Endocrinology representative on RCP Joint Speciality Committee for Endocrinology and Diabetes Mellitus from 2012-2016.

### **MEDICO-LEGAL EXPERIENCE**

I have a busy medicolegal practice writing 50 expert reports per year on all aspects of diabetes and endocrinology for the last five years with approximately 2/3 on behalf of the Claimant.  
Report Writing for Expert Witness (Bond Solon) 2006  
Witness Familiarisation (Bond Solon) 2006

### **CLINICAL GUIDELINES**

I have participated in the development of following clinical guidelines:

1. Vanderpump MPJ, Ahlquist JAO, Franklyn JA & Clayton RN on behalf of a Working Group of the Research Unit of the Royal College of Physicians and the Endocrinology and Diabetes Committee of the College and Society for Endocrinology (1996). Development of consensus for good practice and audit measures in the management of hypothyroidism and hyperthyroidism. *British Medical Journal*, 313:539-44.
2. Association of Clinical Biochemistry, British Thyroid Association and British Thyroid Foundation (2006). UK guidelines for the use of thyroid function tests. [http://www.british-thyroid-association.org/TFT\\_guideline\\_final\\_version\\_July\\_2006.pdf](http://www.british-thyroid-association.org/TFT_guideline_final_version_July_2006.pdf)
3. Rajasekaran S, Vanderpump M, Baldeweg S, Drake W, Lanyon M, Markey A, Plant G, Powell M, Sinha S, Wass J. (2011). UK guidelines for the management of pituitary apoplexy. Pituitary Apoplexy Guidelines Development Group. UK guidelines for the management of pituitary apoplexy. *Clinical Endocrinology* 74:9-20.
4. Wiersinga WM, Duntas L, Fadeyev V, Nygaard B, Vanderpump M. (2012). The use of L-T4 + L-T3 in the treatment hypothyroidism: Guidelines of the European Thyroid Association. *European Thyroid Journal* 1:55-71.
5. Okosieme O, Gilbert J, Abraham P, Boelaert K, Dayan C, Gurnell M, Leese G, McCabe C, Perros P, Smith V, Williams G, Vanderpump M. (2016). Management of primary hypothyroidism: statement by the British Thyroid Association Executive Committee. *Clinical Endocrinology (Oxf)* 84:799-808.

6. Bartalena L, Bogazzi F, Chiovato L, Hubalewska-Didejczyk A, Links TP, Vanderpump. (2018) European Thyroid Association (ETA) guidelines for the management of amiodarone associated thyroid dysfunction. *European Thyroid Journal*, 7:55-66.

## **PROFESSIONAL MEMBERSHIP/COMMITTEES**

Royal College of Physicians (London)

Diabetes UK

British Thyroid Association: Assistant Secretary 2001-2002; Secretary 2002-2005; Committee Member 2005-2008; President 2014-2017. Committee Member 2017-2018

British Thyroid Foundation Trustee 2012-2017.

UK representative of the International Council for the Control of the Iodine Deficiency Disorders and founder member of the UK Iodine Group 2012-2018.

Society for Endocrinology: Member of BES Programme Organising Committee 2003-2005 and BES Liaison Committee Member from 2001-2004. Finance Committee Member 2009-2012.

European Thyroid Association

The Endocrine Society

American Thyroid Association

Association of British Clinical Diabetologists

London Consultants Association (Board Member 2014 to date)

Independent Doctors Federation

## **SELECTED PUBLICATIONS**

1. Vanderpump MPJ, Tunbridge WMG, French JM, Appleton D, Bates D, Clark F, Grimley Evans J, Hasan DM, Rodgers H, Tunbridge FT & Young ET (1995). The incidence of thyroid disorders in the community - a twenty-year follow-up of the Wickham survey. *Clinical Endocrinology* 43:55-69. Abstract published in "1996 Year Book of Medicine", Mosby-Year Book, Inc. <http://www3.interscience.wiley.com/journal/119246864/abstract>

2. Vanderpump MPJ (2005). The Epidemiology of thyroid diseases. In "Werner and Ingbar's The Thyroid: A Fundamental and Clinical Text", 9/E. (Ed. LE Braverman and RD Utiger). JB Lippincott-Raven, Philadelphia, pp 398-406.

3. Vanderpump MPJ & Tunbridge WMG (2008). "Thyroid disease: The facts" 4th edition. Oxford University Press.

4. Razvi S, Weaver J, Vanderpump M & Pearce S (2010). The incidence of ischaemic heart disease and mortality in people with subclinical hypothyroidism: a re-analysis of the Whickham cohort. *Journal of Clinical Endocrinology and Metabolism* 95:1734-40.
5. Rodondi N, den Elzen WPJ; Bauer DC, Cappola AR, Razvi S, Walsh JP, Åsvold BO, Iervasi G, Imaizumi M, Collet T-H, Bremner A, Maisonneuve P, Sgarbi JA, Khaw K-T, Vanderpump PJ, Newman AB, Cornuz J, Franklyn JA, Westendorp RGJ, Vittinghoff E, Gussekloo J; for the Thyroid Studies Collaboration (2010). Subclinical hypothyroidism and the risk of coronary heart disease and mortality. *Journal of American Medical Association* 304:1365-74.
6. Vanderpump MP, Lazarus JH, Smyth PP, Laurberg P, Holder RL, Boelaert K & Franklyn JA; British Thyroid Association UK Iodine Survey Group (2011). Iodine status of UK schoolgirls: a cross-sectional survey. *Lancet* 377:2007-12.
7. Vanderpump MPJ (2014). Thyroid. In "Oxford Handbook of Endocrinology and Diabetes", 3/E (Ed. J Wass and K Owen). Oxford Medical Publications, pp 1-105.
8. Theodoraki A & Vanderpump M (2014). Pituitary Apoplexy. In "Endocrine and Metabolic Medical Emergencies: A Clinician's Guide" 1<sup>st</sup> edition. (Ed. G Matfin). The Endocrine Society, pp 93-9.
9. Vanderpump MPJ (2015). Clinical Negligence: Endocrinology. In "Clinical Negligence", 5<sup>th</sup> edition (Ed. M Powers, N Harris and A Barton). Tottel Publishing Ltd, pp 663-715.
10. Vanderpump MP. (2017). Epidemiology of iodine deficiency. *Minerva Med.* 108:116-123.
11. Vanderpump MPJ. (2017). Thyroid disorders. In "Instant wisdom for GPs". (Ed. K Hopcroft). CRC Press.
12. Vanderpump MPJ. Epidemiology of thyroid disorders. In "The Thyroid and its Diseases". (Ed. M Luster, L Duntas and L Wartofsky). Springer, in press.
13. Vanderpump M. Thyrotoxic periodic paralysis (2018). In "Endocrine and Metabolic Medical Emergencies: A Clinician's Guide" 2<sup>nd</sup> edition. (Ed. G Matfin). Wiley-Blackwell, pp 296-304.
14. Vanderpump MPJ. Epidemiology of thyroid disease and swelling. In "The Thyroid", chapter ed. WM Wiersinga for "Oxford Textbook of Endocrinology" 3<sup>rd</sup> edition. (Ed. JAH Wass, W Arlt and R Semple). Oxford University Press, in press.

## RECENT INVITED LECTURES

1. Management of benign thyroid disease - State-of-art. British Nuclear Medicine Society, Brighton, 2015.
2. Medicolegal aspects of diabetes including neuropathy. AvMA, London 2015.
3. UK iodine status. International Thyroid Congress, Orlando 2015.
4. Type 1 and type 2 diabetes. AvMA webinar, 2015.
5. Iodine and the thyroid. Royal College of Obstetricians and Gynaecologists, 2016.
6. Thyroid hormone replacement - Controversies. Oxford Endocrinology Masterclass, 2016.
7. Thyroiditis. Society for Endocrinology, Brighton 2016.
8. Thyroid dysfunction in children. Excellence in Paediatrics, London 2016.
9. Medicolegal aspects of diabetes. Skeleton Medicolegal Series, 7BR, London 2017.
10. Diabetes update. Independent Doctors Federation Conference, London 2017.
11. Hypothyroidism. RCP Update in Endocrinology, London 2017.
12. Immunotherapy related endocrinopathies. European Congress of Endocrinology, Barcelona 2018.
13. TSH suppression and use of radioiodine. New Developments and Controversies in the Management of Thyroid Cancer. Royal College of Physicians, London 2018
14. Thyroid storms. Royal College of Physicians, Edinburgh 2018.